

Medicines In My Home



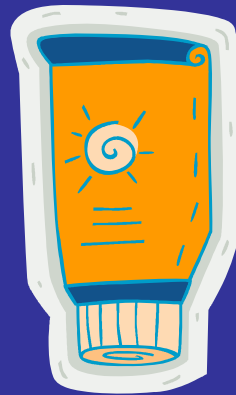
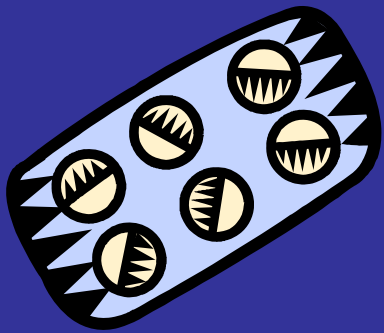
Department of Health and Human Services
Food and Drug Administration

Medicines are Drugs

A medicine or drug...

- changes how your body works, or
- treats or prevents a disease or symptom

Who Has Used an Over-the-Counter Medicine This Week?



What are some reasons for using an OTC medicine?

Prescription and Over-the-Counter Medicines



How are they different?

How are they the same?

Prescription and Over-the-Counter Medicines

How are they different? How are they the same?

Prescription

1. Ordered by a doctor
2. Bought at a pharmacy
3. Ordered for and used by only one person

Both types of medicine:

- Directions must be followed carefully and correctly
- Children should use only with permission of a parent or guardian
- A pharmacist can answer questions

Over-the-Counter

1. Can buy without a doctor's order
2. Bought off the shelf in store aisles
3. May be used by more than one person for the same symptom or problem

3

Important Medicine Rules

- Never share your prescription medicine with someone else.
- Never use someone else's prescription medicine.
- With OTC medicine, always check the dose.
 - The right dose for you may be different than for your friend or family member.



How do you decide which medicine is the right OTC medicine for you?

Read the *Drug Facts* label

All OTC medicines have a *Drug Facts* label

Active Ingredients
And what they do

Drug Facts Label

Drug Facts

Active ingredients	Purposes
(in each 5 ml teaspoonful) Ibuprofen 100 mg (NSAID)*.....	Pain reliever/ fever reducer
Pseudoephedrine HCl 15mg.....	Nasal decongestant

*nonsteroidal anti-inflammatory drug

Uses temporarily relieves

- nasal and sinus congestion
- stuffy nose ■ head ache ■ sore throat
- minor body aches and pains ■ fever

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives ■ facial swelling
- asthma (wheezing) ■ shock
- skin reddening ■ rash ■ blisters

Sore throat warning: Severe or persistent sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult doctor promptly. Do not use more than 2 days or administer to children under 3 years of age unless directed by a doctor.

Do not use

- if the child has ever had an allergic reaction to any other pain reliever/fever reducer and/or nasal decongestant
- right before or after heart surgery
- in a child who is taking a prescription monoamine oxidase inhibitor (MAOI), certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease, or for 2 weeks after stopping the MAOI drug. If you do not know if your child's prescription drug contains an MAOI, ask a doctor or pharmacist before giving this product.

Ask a doctor before use if the child has

- problems or serious side effects from taking pain relievers, fever reducers, or nasal decongestants
- stomach problems that last or come back, such as heartburn, upset stomach, or stomach pain
- ulcers
- bleeding problems
- not been drinking fluids
- lost a lot of fluid due to vomiting or diarrhea
- high blood pressure
- heart or kidney disease
- taken a diuretic

Ask a doctor or pharmacist before use if the child is

- taking any other drug containing an NSAID (prescription or nonprescription)
- taking a blood thinning (anticoagulant) or steroid drug
- under a doctor's care for any continuing medical condition
- taking any other drug

Drug Facts (continued)

When using this product

- take with food or milk if stomach upset occurs
- long term continuous use may increase the risk of heart attack or stroke

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- the child does not get any relief during the first day (24 hours) of treatment
- fever, pain, or nasal congestion gets worse or lasts for more than 3 days
- stomach pain or upset gets worse or lasts
- symptoms continue or get worse
- redness or swelling is present in the painful area
- the child gets nervous, dizzy, or sleepless
- any new symptoms appear

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- this product does not contain directions or complete warnings for adult use
- do not give more than directed
- do not give longer than 10 days, unless directed by a doctor (see Warnings)
- shake well before using
- find right dose on chart below. If possible use weight to dose; otherwise use age.
- use only with enclosed measuring cup
- if needed, repeat dose every 6 hours
- do not use more than 4 times a day
- replace original bottle cap to maintain child resistance
- wash dosage cup after each use

Weight (lb)	Age (yrs)	Dose (teaspoonful)
under 24	under 2	ask a doctor
24-47	2 to 5	1 tsp
48-95	6 to 11	2 tsp

Other information

- do not use if printed neckband is broken or missing
- store at 15-30°C (59-86°F)
- see bottom of box for lot number and expiration date

Inactive ingredients acesulfame potassium, citric acid, corn syrup, D&C red #33, FDA&C blue #1, FD&C red #40, flavors, glycerin, hypromellose, polysorbate 80, purified water, sodium benzoate, xanthan gum

Questions? 1-800-123-4567
<http://ChildrensFeeBETter.com>

Active Ingredients:

The parts of the medicine that make it work.

What does **Drug Facts** tell us about each active ingredient ???

- Its **name**
- **How much** is in each pill or teaspoon (5 mL)
- What it does (its **purpose** or job)
- The problems it treats (its **uses**)

What does this medicine treat?



**Children's
Feel Better
Cold and Fever
Suspension**



Ibuprofen ▶ Pain reliever/
(NSAID) Fever reducer

Pseudoephedrine HCL ▶
Nasal decongestant

Relieves:
Fever,
Sore Throat
Stuffy Nose

Grape Flavor



Drug Facts

Active ingredients	Purposes
(in each 5 ml teaspoonful) Ibuprofen 100 mg (NSAID)*.....	Pain reliever/ fever reducer
Pseudoephedrine HCl 15mg.....	Nasal decongestant
*nonsteroidal anti-inflammatory drug	

Uses temporarily relieves

- nasal and sinus congestion
- stuffy nose
- minor body aches and pains
- head ache
- sore throat
- fever

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- asthma (wheezing)
- skin reddening
- facial swelling
- shock
- rash
- blisters

Sore throat warning: Severe or persistent sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult doctor promptly. Do not use more than 2 days or administer to children under 3 years of age unless directed by a doctor.

What does this medicine treat?



**Children's
Feel Better
Cold and Fever
Suspension**

★★★★★★★★

Ibuprofen (NSAID) ▶ Pain reliever/
Fever reducer

Pseudoephedrine HCL ▶
Nasal decongestant

Relieves: **Grape Flavor**
Fever,
Sore Throat
Stuffy Nose



Drug Facts

Active ingredients	Purposes
(in each 5 ml teaspoonful) Ibuprofen 100 mg (NSAID)*	Pain reliever/ fever reducer
Pseudoephedrine HCl 15mg	Nasal decongestant

*nonsteroidal anti-inflammatory drug

Uses temporarily relieves

- nasal and sinus congestion
- stuffy nose
- head ache
- sore throat
- minor body aches and pains
- fever

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- asthma (wheezing)
- skin reddening
- facial swelling
- shock
- rash
- blisters

Sore throat warning: Severe or persistent sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult doctor promptly. Do not use more than 2 days or administer to children under 3 years of age unless directed by a doctor.



**Children's
Feel Better
Cold and Fever
Suspension**



Ibuprofen ► Pain reliever/
(NSAID) Fever reducer

Pseudoephedrine HCL ►
Nasal decongestant

Relieves:
Fever,
Sore Throat
Stuffy Nose

Grape Flavor

Drug Facts

Active ingredients

(in each 5 ml teaspoonful)

Ibuprofen 100 mg (NSAID)*.....Pain reliever/
fever reducer

Pseudoephedrine HCl 15mg.....Nasal decongestant

*nonsteroidal anti-inflammatory drug

Purposes

Uses temporarily relieves

- nasal and sinus congestion
- stuffy nose
- head ache
- minor body aches and pains
- sore throat
- fever

This medicine treats:

- Fever
- Headache
- Minor body aches and pains
- Sore throat
- Stuffy nose
- Nasal and sinus congestion

Keisha

- Keisha stayed home from school today because she is sick.
- She has a stuffy nose, sore throat, and aches all over.
- Mom gives her some **Get Better cold and fever medicine** before leaving for work.
- Two hours later, Keisha gets one of her really bad headaches.



Keisha

- Keisha wants to take her usual headache medicine to make the headache go away.
- She calls mom at work.
- Mom asks Keisha to get both medicines and look at the labels.
- Mom asks Keisha about the active ingredients in her medicines.



Grape Flavor

Get Better Cold and Fever Suspension

Relieves:
Fever
Stuffy Nose
Minor aches and pains

Acetaminophen ► Pain reliever/
Fever reducer

Phenylephrine HCL ►
Nasal decongestant

Drug Facts

Active ingredients	Purposes
(in each 5 mL teaspoonful) Acetaminophen 500 mg	Pain reliever/ fever reducer
Phenylephrine HCl 5 mg.....	Nasal decongestant

Uses temporarily relieves
■ nasal and sinus congestion ■ stuffy nose
■ headache ■ sore throat
■ minor aches and pains ■ fever

Headache Pain Relief



Release

Liqui-gel capsules

Relieves:
Headache
Fever
Minor aches and pains

Acetaminophen ►
Pain reliever/Fever reducer

Drug Facts

Active ingredients	Purposes
(in each capsule) Acetaminophen 500 mg	Pain reliever/ fever reducer

Uses temporarily relieves
■ headache ■ sore throat
■ minor aches and pains ■ fever

Can Keisha take these medicines together?

Grape Flavor

Get Better Cold and Fever Suspension

Relieves:
Fever
Stuffy Nose
Minor aches and pains

Acetaminophen ► Pain reliever/
Fever reducer
Phenylephrine HCL ►
Nasal decongestant

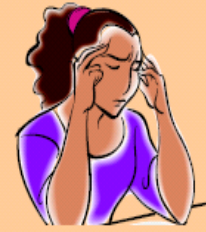
Drug Facts

Active ingredients	Purposes
(in each 5 mL teaspoonful) Acetaminophen 500 mg	Pain reliever/ fever reducer
Phenylephrine HCl 5 mg	Nasal decongestant

Uses temporarily relieves

- nasal and sinus congestion ■ stuffy nose
- headache ■ sore throat
- minor aches and pains ■ fever

Headache Pain Relief



Release

Liqui-gel capsules

Relieves:
Headache
Fever
Minor aches and pains

Acetaminophen ►
Pain reliever/Fever reducer

Drug Facts

Active ingredients	Purposes
(in each capsule) Acetaminophen 500 mg	Pain reliever/ fever reducer

Uses temporarily relieves

- headache ■ sore throat
- minor aches and pains ■ fever

Both medicines contain the same active ingredient - acetaminophen.

NO

Keisha can not take them together. 16

What's all this stuff?

Drug Facts
Active ingredients
 (in each 5 ml teaspoonful)
 Ibuprofen 100 mg (NSAID)*.....Pain reliever/fever reducer
 Pseudoephedrine HCl 15mg.....Nasal decongestant
 *nonsteroidal anti-inflammatory drug

Uses temporarily relieves
 ■ nasal and sinus congestion
 ■ stuffy nose ■ head ache ■ sore throat
 ■ minor body aches and pains ■ fever

Warnings
Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:
 ■ hives ■ facial swelling
 ■ asthma (wheezing) ■ shock
 ■ skin reddening ■ rash ■ blisters
Sore throat warning: Severe or persistent sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult doctor promptly. Do not use more than 2 days or administer to children under 3 years of age unless directed by a doctor.

Do not use
 ■ if the child has ever had an allergic reaction to any other pain reliever/fever reducer and/or nasal decongestant
 ■ right before or after heart surgery
 ■ in a child who is taking a prescription drug that is a monoamine oxidase inhibitor (MAOI), certain antidepressants, Parkinson's disease drugs, or the MAOI drug levodopa
 ■ if the child is taking a prescription drug or pharmacist has advised against it

Ask a doctor before use if the child is
 ■ taking pain relievers, fever reducers, or nasal decongestants
 ■ stomach problems that do or come back, such as heartburn, upset stomach, or stomach pain
 ■ ulcers
 ■ bleeding problems
 ■ not been drinking fluids
 ■ lost a lot of fluid due to vomiting or diarrhea
 ■ high blood pressure
 ■ heart or kidney disease
 ■ taken a diuretic

Ask a doctor or pharmacist before use if the child is
 ■ taking any other drug containing an NSAID (prescription or nonprescription)
 ■ taking a blood thinning (anticoagulant) or steroid drug
 ■ under a doctor's care for any continuing medical condition
 ■ taking any other drug

Drug Facts (continued)

When using this product
 ■ take with food or milk if stomach upset occurs
 ■ long term continuous use may increase the risk of heart attack or stroke

Stop use and ask a doctor if
 ■ an allergic reaction occurs. Seek medical help right away.
 ■ the child does not get any relief during the first day (24 hours) of treatment
 ■ fever, pain, or nasal congestion gets worse or lasts for more than 3 days
 ■ stomach pain or upset gets worse or lasts
 ■ symptoms continue or get worse
 ■ redness or swelling is present in the painful area
 ■ the child gets nervous, dizzy, or sleepless
 ■ any new symptoms appear

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
 ■ this product does not contain directions or complete instructions for adult use
 ■ do not use if the child is sick with a cold, cough, or flu, unless directed by a doctor

■ if possible use a measuring cup that is marked with the child's use age.
 ■ use the measuring cup to measure each dose every 6 hours.
 ■ do not use more than 4 times a day.
 ■ place original bottle cap to maintain child resistance.
 ■ wash dosage cup after each use

Dosing Chart

Weight (lb)	Age (yrs)	Dose (teaspoonful)
under 24	under 2	ask a doctor
24-47	2 to 5	1 tsp
48-95	6 to 11	2 tsp

Other information
 ■ do not use if printed neckband is broken or missing
 ■ store at 15-30°C (59-86°F)
 ■ see bottom of box for lot number and expiration date

Inactive ingredients acesulfame potassium, citric acid, corn syrup, D&C red #33, FDA&C blue #1, FD&C red #40, flavors, glycerin, hypromellose, polysorbate 80, purified water, sodium benzoate, xanthan gum

Questions? 1-800-123-4567
<http://ChildrensFeelBetter.com>

Warnings

Warnings



The warnings section tells you:

- When you **should not** use the medicine at all
- When you should talk to your doctor first
- How the medicine might make you feel
- When you should stop using the medicine
- Things you **should not** do while taking the medicine.



Allergy Alert

- When your body has an allergic reaction, you may have
 - Itching
 - Rash
 - Hives
 - Swelling
 - Fainting
 - Trouble breathing
- If you think you are allergic to a medicine, do not use it.
- If you think that you or someone else is having an allergic reaction,
 - tell an adult right away.
 - Call 911 for trouble breathing or fainting.

Ask a doctor before use...
Ask a doctor or pharmacist
before use...



- When to ask a doctor, nurse, or pharmacist BEFORE using the medicine.
 - Some medical problems can make using a medicine less safe.
 - Some medicines should never be used together.

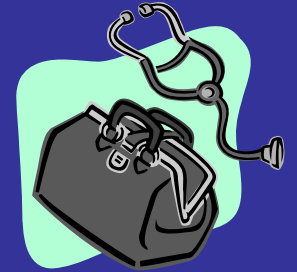


When using this product...



- Special information about using the medicine.
- Examples...
 - Do not use more than directed
 - Take with food or milk if stomach upset occurs
 - Drowsiness may occur
 - Avoid contact with eyes.

Stop use and ask a doctor if...



- Reasons to stop taking a medicine include:
 - If you have an allergic reaction
 - If you have new problems like stomach pain, throwing up, or dizziness
 - If you are not feeling better after a certain number of days



Keep out of reach of children



- Young children may think medicine tastes **REALLY GOOD**.
- **Medicine is not candy** and can harm them if they take too much.
- If someone you know takes too much medicine or the wrong medicine, tell an adult right away. Call the **Poison Control Center** for help.

Anthony

- 12 years old.
- Soccer goalie.
- Championship game today.
- Anthony has allergies: stuffy, runny nose and sneezing; watery eyes.
- What can he do?



Anthony speaks with his parents. Together, they look at the 2 allergy medicines in their home.

Chewable Tablets

Grape Flavor

Feel Better - Allergy Relief

for kids and their grown-ups

Relieves:
Sneezing,
Runny nose
Itchy, watery eyes

Chlorpheniramine ▶
Antihistamine



**Because allergies should not
get in the way**

4 Fl Oz (120 mL)



Chewable Tablets

Grape Flavor

Feel Better- Allergy Relief for kids and their grown-ups

Relieves:
Sneezing,
Runny nose
Itchy, watery eyes

Chlorpheniramine ►
Antihistamine



Because allergies should not
get in the way

4 Fl Oz (120 mL)

Tony's mom reads the Drug Facts label:

The ingredient that treats allergy
symptoms is chlorpheniramine

Drug Facts

Active ingredient (in each tablet)	Purpose
Chlorpheniramine maleate 2 mg	Antihistamine

Uses temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
■ sneezing ■ runny nose ■ itchy, watery eyes ■ itchy throat

Warnings

Ask a doctor before use if you have

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking tranquilizers or sedatives

When using this product

- You may get drowsy
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 12 years and over	take 2 tablets every 4 to 6 hours; not more than 12 tablets in 24 hours
children 6 years to under 12 years	take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours
children under 6 years	ask a doctor

Other information store at 20-25° C (68-77° F) ■ protect from excessive moisture

Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch

Under warnings, the label says:

“When using this product, you
may get drowsy”

This is not the best choice
before the championship game.

Chewable Tablets

Grape Flavor

Feel Better

**Allergy and Congestion Relief
for kids and their grown-ups**

Relieves:
Sneezing,
Stuffy nose
Itchy, watery eyes

Loratadine ▶
Antihistamine

Pseudoephedrine HCL ▶
Nasal decongestant



Because allergies should not
get in the way

4 Fl Oz (120 mL)



- Mom and dad look at the second allergy medicine.
- It has the same "Feel Better" name
- But the ingredient that treats allergy symptoms is different: **loratadine**.
- This medicine also has an ingredient to treat nasal congestion (stuffy nose)
- They all read the Drug Facts label

Feel Better: Allergy and Congestion Relief

<p>Drug Facts</p> <p>Active ingredients (in each tablet)</p> <p>Loratadine 5 mg..... Antihistamine Pseudoephedrine sulfate 120 mg..... Nasal decongestant</p> <p>Purpose</p>	<p>Drug Facts</p> <p>Warnings</p> <p>Taking more than directed may cause drowsiness.</p> <p>■ an... right away. ■ symptoms... by a fever ■ nervousness, dizziness...</p> <p>If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p>								
<p>Uses</p> <ul style="list-style-type: none"> temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: <ul style="list-style-type: none"> sneezing itchy, watery eyes runny nose itching of the nose or throat temporarily relieves nasal congestion due to the common cold, hay fever or other upper respiratory allergies reduces swelling of nasal passages temporarily relieves sinus congestion and pressure temporarily restores freer breathing through the nose 	<p>Directions</p> <table border="1"> <tr> <td>do not divide, crush, chew or dissolve the tablet</td> <td></td> </tr> <tr> <td>adults and children 12 years and over</td> <td>1 tablet every 12 hours; not more than 2 tablets in 24 hours</td> </tr> <tr> <td>children under 12 years of age</td> <td>ask a doctor</td> </tr> <tr> <td>consumers with liver or kidney disease</td> <td>ask a doctor</td> </tr> </table>	do not divide, crush, chew or dissolve the tablet		adults and children 12 years and over	1 tablet every 12 hours; not more than 2 tablets in 24 hours	children under 12 years of age	ask a doctor	consumers with liver or kidney disease	ask a doctor
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<p>Warnings</p> <p>Do not use</p> <ul style="list-style-type: none"> if you have ever had an allergic reaction to this product or any of its ingredients if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. 	<p>Other information</p> <ul style="list-style-type: none"> safety sealed: do not use if the individual blister unit imprinted with Claritin-D® 12 Hr. is open or torn store between 15° to 25° C (59° to 77° F) keep in a dry place 								
<p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> heart disease thyroid disease high blood pressure diabetes trouble urinating due to an enlarged prostate gland liver or kidney disease. Your doctor should determine if you need a different dose. 	<p>Inactive ingredients</p> <p>acacia, butylparaben, calcium sulfate, carnauba wax, corn starch, lactose, magnesium stearate, microcrystalline cellulose, neutral soap, oleic acid, pharmaceutical ink, povidone, rosin, sugar, talc, titanium dioxide, white wax, zein</p> <p>Questions or comments?</p>								

Under warnings, the label says:

“When using this product, taking more than directed may cause drowsiness”

Tony should never take more medicine than directed on the label. With his parents permission, Tony takes the correct dose. He soon feels better.

Once you think you have found the right medicine for your problem...

What else do you need to know before you use your medicine?

Drug Facts

Active ingredients

(in each 5 ml teaspoonful)

Ibuprofen 100 mg (NSAID)*.....Pain reliever/
fever reducer

Pseudoephedrine HCl 15mg.....Nasal decongestant

*nonsteroidal anti-inflammatory drug

Purposes

Uses temporarily relieves

- nasal and sinus congestion
- stuffy nose ■ head ache ■ sore throat
- minor body aches and pains ■ fever

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives ■ facial swelling
- asthma (wheezing) ■ shock
- skin reddening ■ rash ■ blisters

Sore throat warning: Severe or persistent sore throat accompanied by high fever, headache, nausea, and vomiting may be serious. Consult doctor promptly. Do not use more than 2 days or administer to children under 3 years of age unless directed by a doctor.

Do not use

- if the child has ever had an allergic reaction to any other pain reliever/fever reducer and/or nasal decongestant
- right before or after heart surgery
- in a child who is taking a prescription monoamine oxidase inhibitor (MAOI), certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease, or for 2 weeks after stopping the MAOI drug. If you do not know if your child's prescription drug contains an MAOI, ask a doctor or pharmacist before giving this product.

Ask a doctor before use if the child has

- problems or serious side effects from taking pain relievers, fever reducers, or nasal decongestants
- stomach problems that last or come back, such as heartburn, upset stomach, or stomach pain
- ulcers
- bleeding problems
- not been drinking fluids
- lost a lot of fluid due to vomiting or diarrhea
- high blood pressure
- heart or kidney disease
- taken a diuretic

Ask a doctor or pharmacist before use if the child is

- taking any other drug containing an NSAID (prescription or nonprescription)
- taking a blood thinning (anticoagulant) or steroid drug
- under a doctor's care for any continuing medical condition
- taking any other drug

Drug Facts (continued)

When using this product

- take with food or milk if stomach upset occurs
- long term continuous use may increase the risk of heart attack or stroke

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- the child does not get any relief during the first day (24 hours) of treatment
- fever, pain, or nasal congestion gets worse or lasts for more than 3 days
- stomach pain or upset gets worse or lasts
- symptoms continue or get worse
- redness or swelling is present in the painful area
- the child gets nervous, dizzy, or sleepless
- any new symptoms appear

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Directions

- this product does not contain directions or complete warnings for adult use
- do not give more than directed
- do not give longer than 10 days, unless directed by a doctor (see Warnings)
- shake well before using
- find right dose on chart below. If possible use weight to dose; otherwise use age.
- use only with enclosed measuring cup
- if needed, repeat dose every 6 hours
- do not use more than 4 times a day
- replace original bottle cap to maintain child resistance
- wash dosage cup after each use

Dosing Chart

Weight (lb)	Age (yrs)	Dose (teaspoonful)
under 24	under 2	ask a doctor
24-47	2 to 5	1 tsp
48-95	6 to 11	2 tsp

Other information

- do not use if printed neckband is broken or missing
- store at 15-30°C (59-86°F)
- see bottom of box for lot number and expiration date

Inactive ingredients acesulfame potassium, citric acid, corn syrup, D&C red #33, FDA&C blue #1, FD&C red #40, flavors, glycerin, hypromellose, polysorbate 80, purified water, sodium benzoate, xanthan gum

Questions? 1-800-123-4567

<http://ChildrensFeelBetter.com>

How to use the medicine



Directions



- How much medicine to use
- How often to use it
- How long you can use it

How should you measure your dose of medicine?



Measuring Tools for Medicines



- Use the measuring spoon, cup, or syringe that comes with your medicine. This is the most exact way to measure your dose.
- If your medicine doesn't come with a special measuring tool, ask for one at the pharmacy.
- A silverware spoon may hold the wrong amount of medicine.
- Make sure the tool can measure the right dose - check the markings on the tool.

Other information and Inactive ingredients



- Other information tells you
 - How to keep your medicine when you are not using it.
- Inactive ingredients are used to:
 - Form a pill
 - Add flavor or color
 - Make a tablet or film dissolve quickly on your tongue
 - Help a medicine last longer on the shelf





Questions or Comments

Where to find a telephone number or website to:

- ask questions about the medicine
- report an unexpected reaction to the medicine





Questions or Comments

- If you have an unexpected reaction to a medicine, it is very important to call and let the company know.
- The companies that make medicines have to keep track of all unexpected reactions to their medicines. They must report serious reactions to the Food and Drug Administration within 15 days.
- The doctors and other scientists at the FDA look at these reports and watch for signs that a medicine may not be as safe as they thought.



Be Safe!!



Use your OTC medicines wisely

Take Home Messages

- Speak with a parent or adult before using any medicine.
- Read the label carefully.
 - The information you need to use your OTC medicine safely and correctly is in the Drug Facts Label.
- OTC medicines are serious medicines.
 - Be smart about what you put into your body - it's the only body you have.



We hope you will share this information
with your family.
Thank you.

